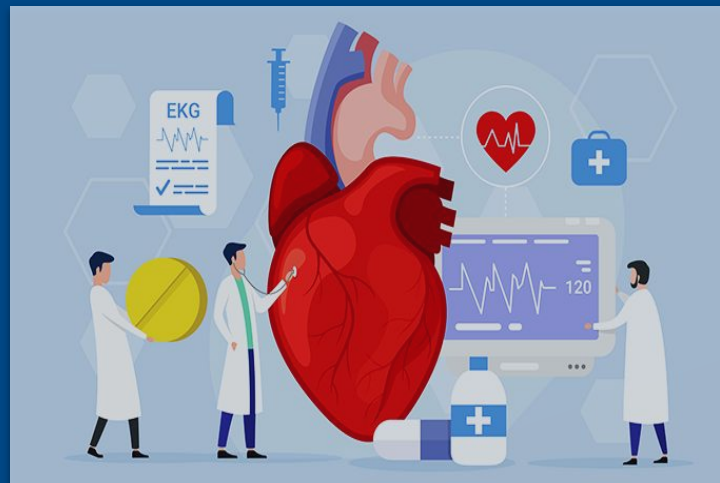


# Life-Saving Data Models

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# Who We Are



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# Agenda



## Project Background

- ❖ Goal of Study
- ❖ Data Intro
- ❖ Evaluation Metric

## Exploratory Analysis

- ❖ Distributions
- ❖ Variable Relationships

## Model Analysis

- ❖ Logistic Regression
- ❖ LASSO Regression
- ❖ Tree-Based Models

# Project Background

-- Tianxiao Zhang



# Goal of Study

- ❖ Heart disease is the leading cause of death in the US
  - Accounts for more than 20% of deaths in most racial groups
- ❖ It requires timely diagnosis and treatment
- ❖ We want to identify potential heart disease in advance
  - Predict whether a person is likely to have heart disease (binary outcome) given other physical measures of the person that could be tracked earlier

[Link: https://www.cdc.gov/heartdisease/facts.htm](https://www.cdc.gov/heartdisease/facts.htm)

# Data Information

- ❖ Obtained from Kaggle.com
- ❖ 18 Variables and 320,000 observations
  - Physical measures & Other disease history
- ❖ Clean data & no missing values
- ❖ Imbalanced outcome distribution
  - Over 90% without heart disease, only 9% with heart disease
  - Could lead to biased predictions
  - Data resampling (downsample the majority group)
  - 55,000 observations after resampling



91% Accuracy

Data Source: <https://www.kaggle.com/datasets/kamilpytlak/personal-key-indicators-of-heart-disease?resource=download>

# Evaluation Metric (for Model)

- ❖ Usually use Accuracy and F-1 score
- ❖ Recall is the most relevant metric for our data
  - Recall =  $TP / (TP + FN)$ 
    - Recall is the largest when FN is minimized
  - The cost of FN is much higher than the cost of FP
    - FN means unable to identify the patient who will actually get heart disease
      - Miss the best treatment time
    - FP means false alarm when the patient will not actually get heart disease
      - Go to doctors for preventative measures

# Exploratory Analysis

-- Yanqi Liu

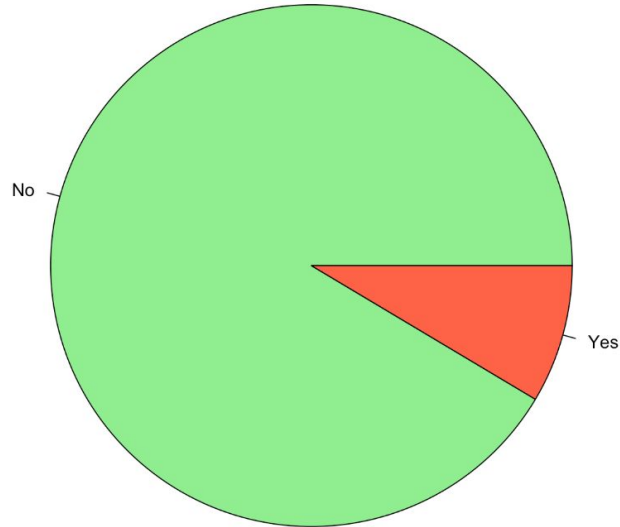




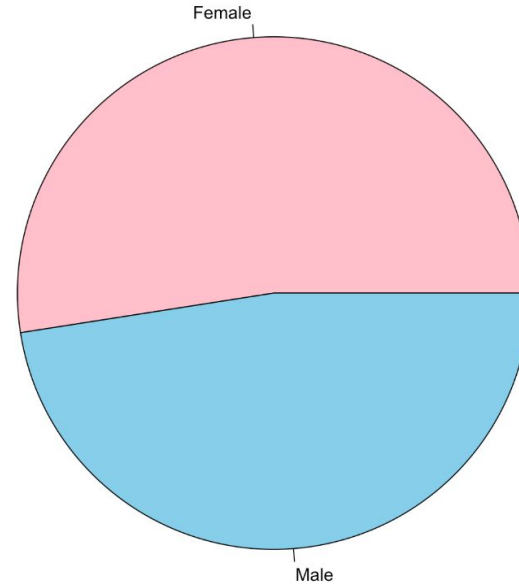
# A glimpse of the data

- ❖ The gender distribution is quite even with slightly more females than males.

Breakdown by Heart Disease

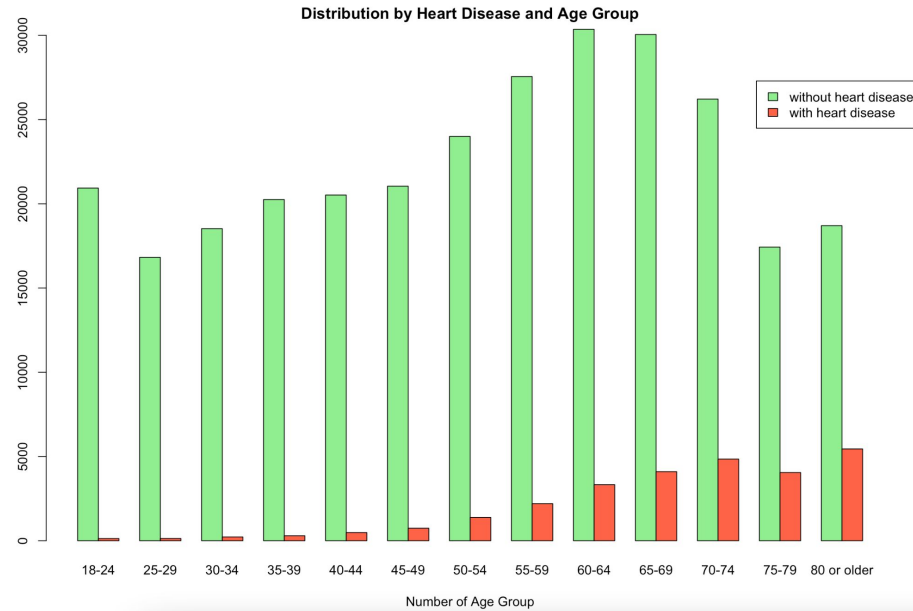


Breakdown by Sex Group



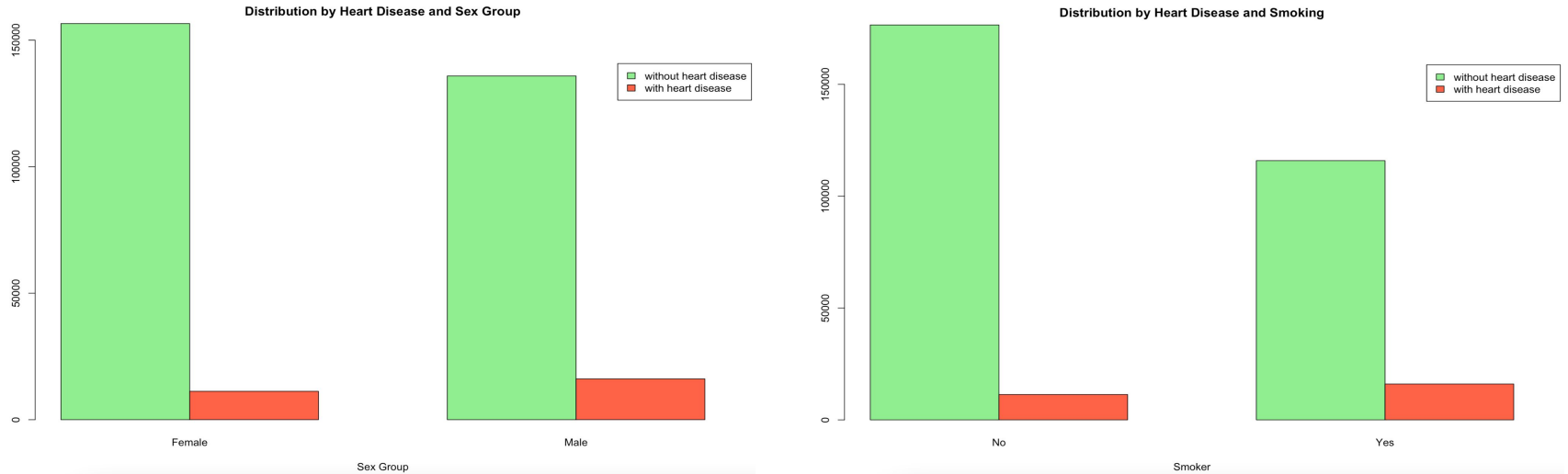
# The relationship with age group

- ❖ Older people (> 60) have higher probability of getting heart disease



# The relationship with gender and smoking history

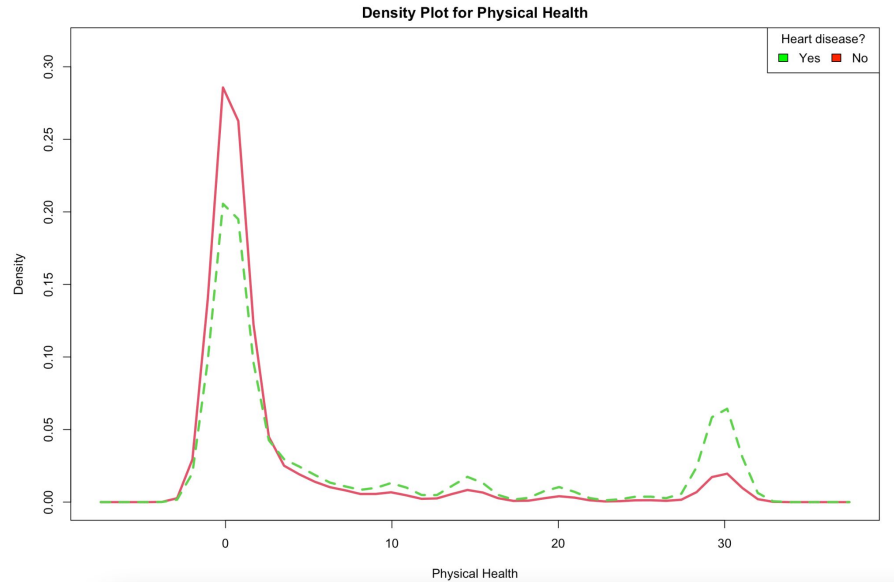
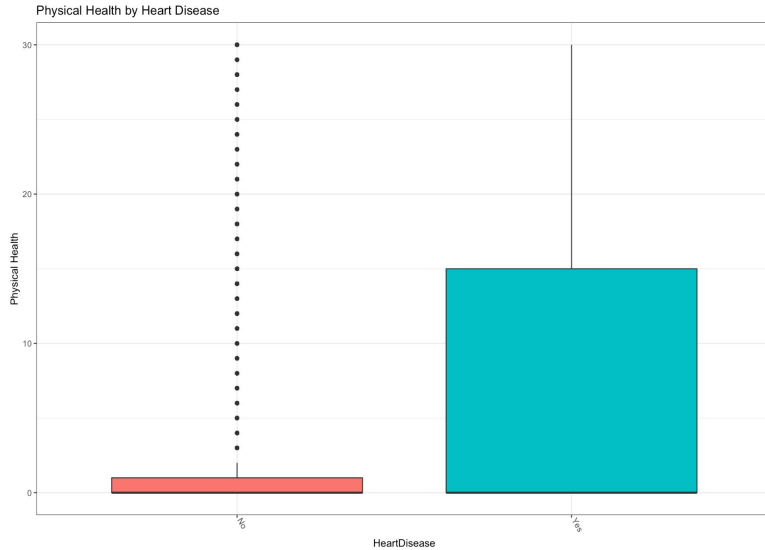
❖ Males & Smokers are more likely to have heart disease



❖ No significant relationship between heart disease and other disease

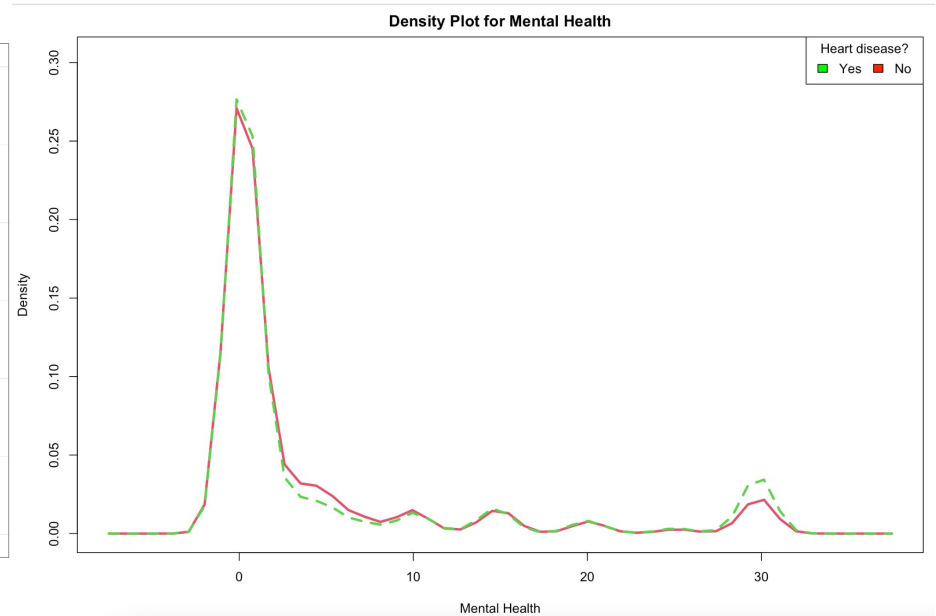
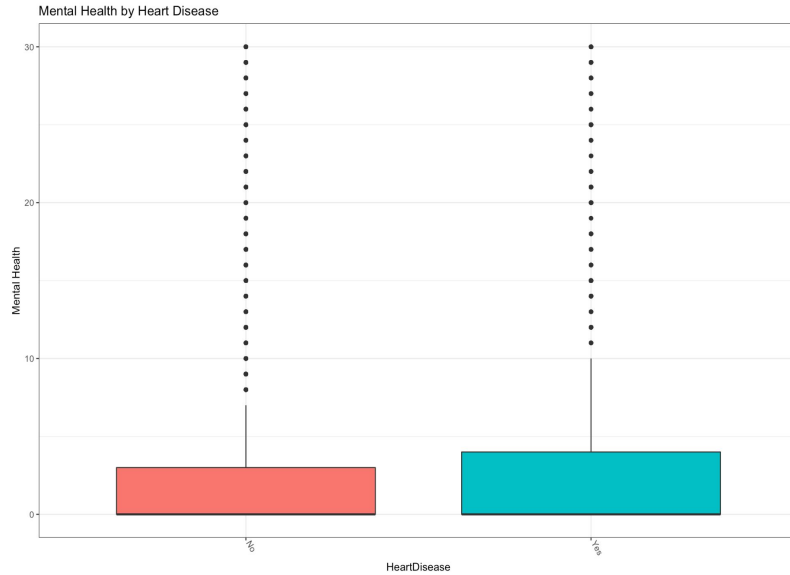
# The relationship with physical discomfort

- ❖ Heart disease patients reported significantly more days of physical discomfort



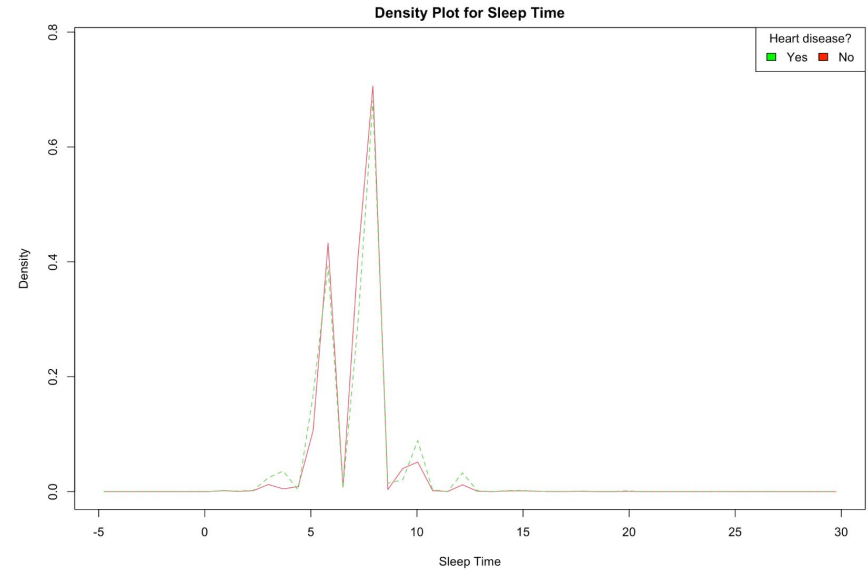
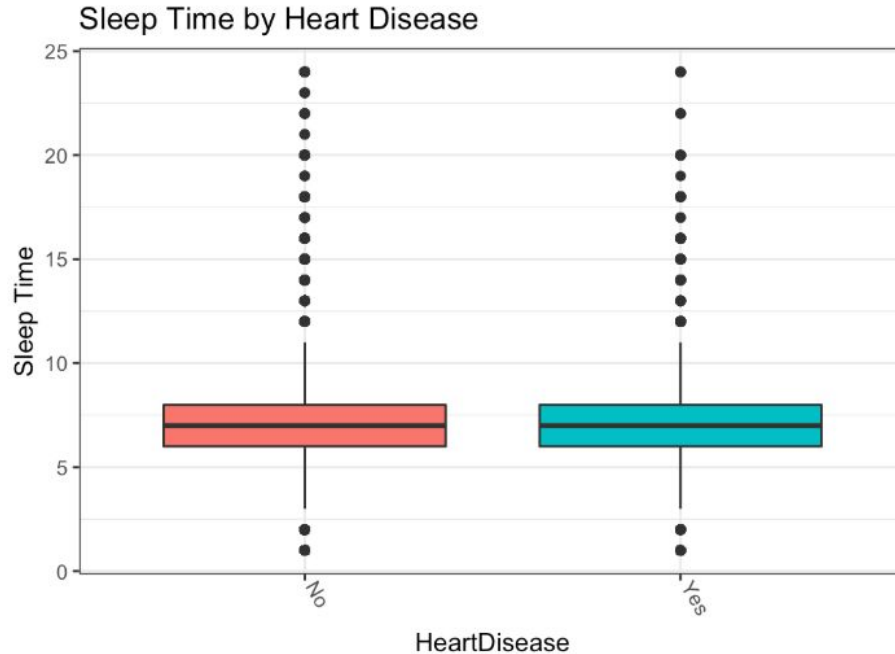
# The relationship with mental discomfort

- ❖ Heart disease patients reported slightly more days of mental discomfort

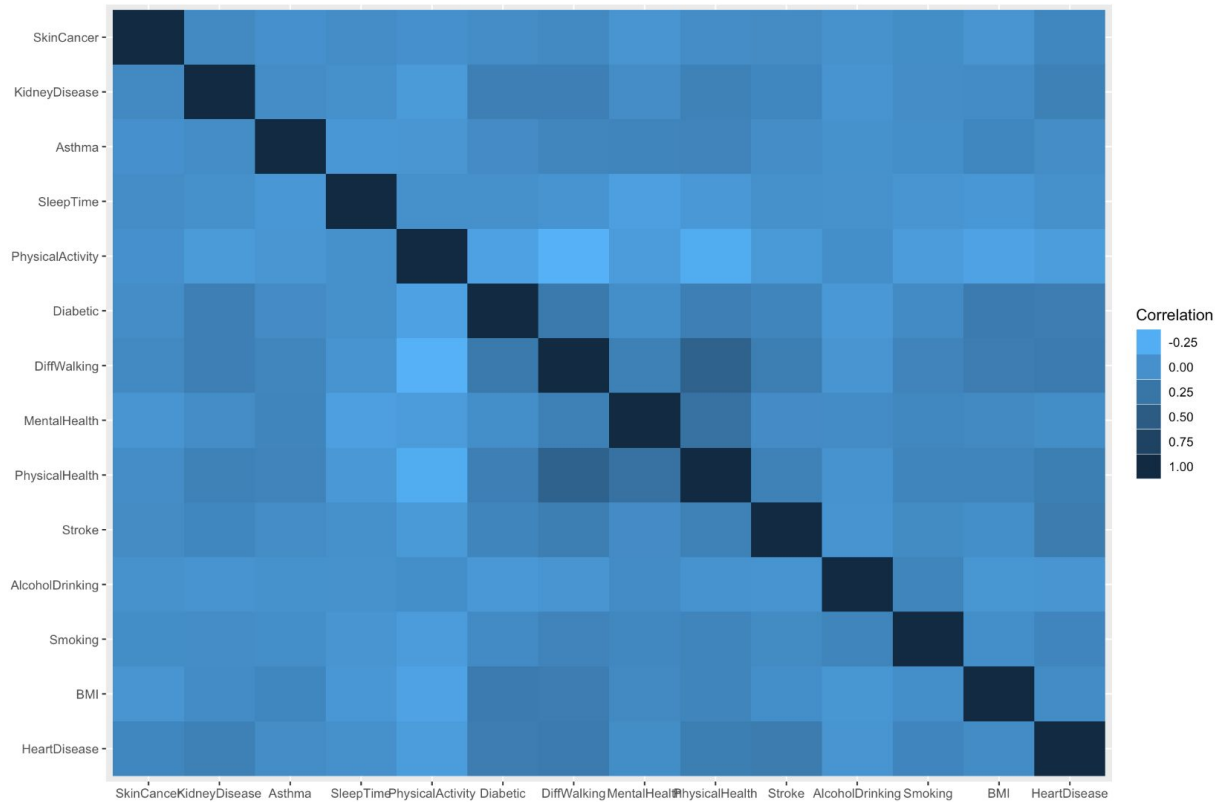


# The relationship with sleep time

- ❖ Having good sleeping routine/habit does not keep someone away from heart disease.



# Correlation between variables



# Model Analysis

-- Muhua Chen





# Logistic Regression

## ❖ Backward Elimination

- Remove the most insignificant variable each time (largest P-value)
- Final models contains variables significant at 0.05 level

## ❖ Important Features

- **Physical features** such as age and sex
- **Existing health conditions** such as stroke, generic health, asthma and kidney disease
- **Lifestyle Habits** such as smoking

## ❖ Model Performance

- **Accuracy: 0.74; Recall: 0.86, F1-score: 0.77**

```
fit_log.pred    0    1
                0 4783 2011
                1  805 3350
```

# LASSO Regression

## ❖ Choosing Lambda

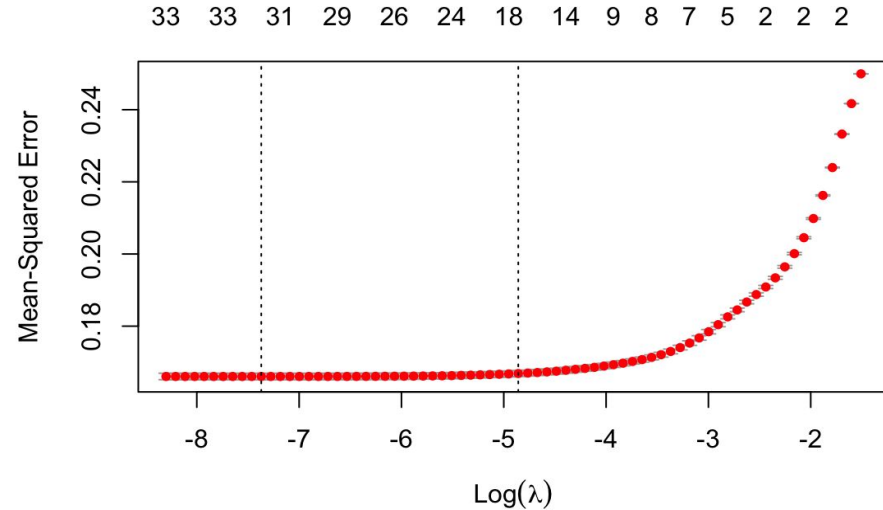
- Lambda.min and Lambda.1se are similar in terms of error
  - Chose lambda.1se for a more parsimonious model
- All variables are significant, no need for further backward elimination

## ❖ Difference from first model

- Removes AlcoholDrinking, MentalHealth, and SleepTime

## ❖ Model Performance

- **Accuracy: 0.74; Recall: 0.86, F1-score: 0.77**



```
fit_lasso.pred    0    1
                 0 4786 2031
                 1  802 3330
```

# Tree-Based Models

## ❖ Decision Tree

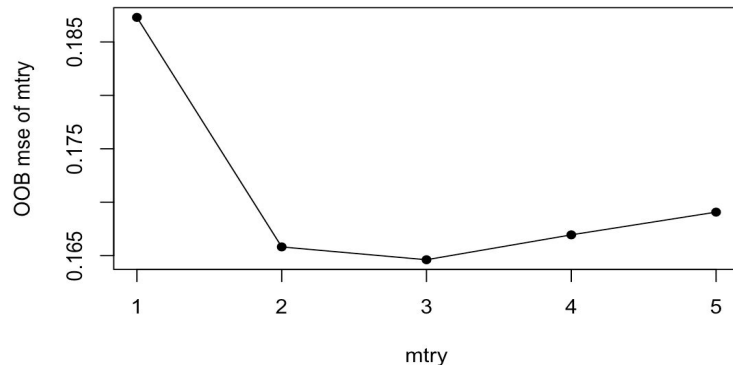
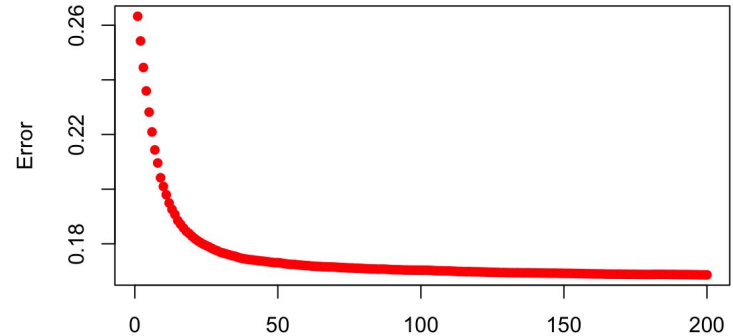
- Worse general health, stroke, males and older people are more likely to have heart disease
- **Accuracy: 0.71; Recall: 0.77, F1-score: 0.73**

## ❖ Random Forest

- Settled for 100 trees and 3 features sampled at each split.
- **Accuracy: 0.77; Recall: 0.73, F1-score: 0.76**

```
fit_rf.pred    0    1
              0 4069 1031
              1 1519 4330
```

error vs number of trees



# Final Recommendation

## ❖ Logistic Regression (LASSO)

- Best performance for recall and F1 score
  - Accuracy is slightly lower than tree-based models, but recall is higher
- Easier to interpret and more computationally efficient

## ❖ Potential Improvements

- Try other models such as SVM and boosting
- Collect more data variables
  - This dataset is focused on physical measures and other disease indicators of the patient
  - Conditions of patient's relatives could also be helpful

Thank you for listening!

Questions?

Please enjoy the summer break!

